



Beyond Walls Summer Programming

Dear Beyond Walls Families,

Beyond Walls is proud to offer high-quality and engaging summer programming summer of 2019. Based on many family and student insights, we are offering five weeks of programming each with a different theme and focus. Camps are open to all current 6-12 Beyond Walls students at no cost.

Attached to this letter, you will find the following information sheets:

- Camp description sheet (back of this sheet)
- Camp registration form (need to return)

All camps will be located at the U of M Rec and Wellness Center with each camp running 10:00-2:00, Monday-Thursday with a soft start at 9:30 and open courts after camp every day from 2:00-3:00. Transportation support is available, but we encourage students attempting to find own forms of transportation. If your student is participating in Beyond Walls summer programming, we ask they participate in all five weeks of programming unless previous commitments already made. Please list any prior commitments on the registration form.

Please return the summer registration form to Sammy Friday, May 3rd. Follow up family communication will follow once forms turned in.

Questions? Comments? Call/Text Sammy, Beyond Walls Program Director 763-213-9280

Beyond Walls Summer Camp 2019 Descriptions

Weeks and Camp Titles	Description of Camps
<p><u>Week of June 24th-28th: Squash Week: Advanced and Beginner Player Sessions</u> Monday-Thursday 10:00-2:00 Soft start 9:30-10:00, Open Courts 2:00-3:00</p> <p>Students will travel to various squash clubs around the city!</p>	<p>Want to step up your squash game? Advanced and beginner players will receive one on one support both on and off the courts. Off the courts, older, more advanced players will focus on career and college readiness, while our younger beginner players will focus on exploring interests and goal setting for success.</p>
<p><u>Week of July 8th-12th: Experience Something New!</u> Monday-Thursday 10:00-2:00 Soft start 9:30-10:00, Open Courts 2:00-3:00</p>	<p>Is there something you've always wanted to try but have never had the opportunity to just go for it?? Ever wanted to log roll? Make sushi? Take a self defense class? Students will try many new things, some even at the suggestion of their peers!</p>
<p><u>Week of July 15th-19th: Social Movements and Community Engagement</u> Monday-Thursday 10:00-2:00 Soft start 9:30-10:00, Open Courts 2:00-3:00</p>	<p>Want to learn more about how you can impact your community now? Students will experience our social justice system understanding how our political system works, engaging with communities and organizations set out to help, and working alongside these organizations and people to create social change.</p>
<p><u>Week of July 29th-Aug. 2nd: Self Care, Self Help, and Self Actualization</u> Monday-Thursday 10:00-2:00 Soft start 9:30-10:00, Open Courts 2:00-3:00</p>	<p>Feeling any stress, worry or anxiety? Life can throw us many challenges, and it's important to understand yourself in these difficult situations. Spend a week focusing on how to provide self care and self understanding learning how to work through challenging situations bringing yourself to an even better place than where you started.</p>
<p><u>Week of Aug. 5th-Aug. 9th: Squash Week: Advanced and Beginner Player Sessions</u> Monday-Thursday 10:00-2:00 Soft start 9:30-10:00, Open Courts 2:00-3:00</p>	<p>Similar to week one, but even better...with a few more surprise coaches!</p>



Beyond Walls Summer 2019 Registration Information

Student Name _____ Date of birth _____ Age _____

Preferred gender _____ Nick name _____ Grade next year _____

Address _____ City _____ Zip _____

Guardian Name _____ Relation to student _____

Preferred language spoken at home _____

Home phone _____ Parent Cell Phone _____

Student phone number _____

Please list any and all medications your students is currently taking:

Please list any other summer commitments that would interfere with the camp schedule:



Beyond Walls Summer Registration Information

We encourage all families to try and make their own transportation plans. However, Beyond Walls will offer some transportation options for each week of program. Please mark an “x” by the transportation option that fits your needs. Staff will be at the facility 30 minutes after and prior to camp. If none of the below options work, please indicate a better location below.

_____ Will provide own transportation to and from the U of M. Drop-off is 10:00, pick-up is 2:00.

_____ Washington Tech Pick up/Drop off; Pick up 9:30, Drop off 2:30

_____ South Pick up/ Drop off at Powderhorn Park Community Center; Pick up 9:30, Drop off 2:15

_____ North Pick Up/Drop off at Edison High school; Pick up 9:30, drop off 2:15

Alternative location:

Liability Waiver:

Beyond Walls Urban Squash Twin Cities staff, and the participating squash facility shall not be liable for any claims, demands, damages or injuries to the student noted above (1) resulting from his/her participating in Urban Squash Twin Cities practices or (2) in connection with the students use of the club, equipment, or premise where these practices take place. Student noted above and his/her parent/legal guardian shall save Urban Squash Twin Cities, officers, director, employees and agents and the participants club(s) harmless form and indemnify Urban Squash Twin Cities officers, directors, employees and agents and the participating club(s) against all injury, loss or damage of whatever nature (1) resulting from the student's participation in Urban Squash Twin Cities practices or (2) in connection with eh student's use of the club, equipment, or premise where these practices take place.

Parent/Guardian Signature: _____ Date: _____

